

The Cathedral Monthly Bulletin



St. Mary's Orthodox Cathedral • A parish of the Orthodox Church in America • Diocese of Chicago and the Midwest • Founded in 1887

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St. Mary's Orthodox Cathedral
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Pastoral Reflection

Grace makes possible the impossible, and changes a dark-minded, hard-hearted sinner into a bright and meek child of God. New thoughts and feelings enter into the mind and heart, and a new world opens up before the true, sincere disciple of Christ... (Archpriest Artemy Vladimirov)

Our 40 day season before Christmas is variously called the Nativity Fast, St Philip's Fast, or Advent. It is a season set apart by the Church from at least the 5th or 6th century to prepare believers to welcome the celebration of the Lord's birth. Like all fasting seasons and fasting days, this is an opportunity to make a serious effort in fasting, prayer, and good works with the support and encouragement of the Church and other believers.

We experience the Nativity Fast as a journey. It marks out a path from wherever we are spiritually at this time of the year - to Bethlehem; from the bustle and distractions of our life at this moment, from pandemic and politics - to the quiet, timeless night of the Birth of Our Savior; from the darkness and muddle and anxiety of our wanderings - into the warm radiance of the Light of the World.

So - mid-way through November, we begin the Fast. Like the Wise Men from the East, we set out to seek a wondrous thing. Unlike the Wise Men, we know what - or more precisely Who - we are looking for, because we have received the testimony of the apostles concerning the One Who is God with Us and we have experienced in our own lives the love of the Savior and we have discovered the joyful beauty that reveals itself as we are drawn into worship at the feast. It is truly a wise person who chooses to make the season of the Fast a journey to the manger, in anticipation of a grace-filled encounter with the Christ Child.

This encounter is so very important! Love is only known, experienced, and nourished through the mutual encounter of the lover and the beloved, in relationship. Apart from a real encounter of love, 'what is this thing called love'? - a daydream, just words, a notion, a wish, a platitude...Real love always needs to be experienced, and thus manifested, expressed. It grows as it is accepted and reciprocated.

The very real love of God always seeks to meet us, to find us, to embrace us. And it is only our love for God - as we encounter Him in prayer and worship and sacrament and the many ways in which we strive to cultivate a sense of His presence - only in our loving encounter with Him that we are enabled to actually know and grow in Him. This is why it is so important to be attentive to what we say and sing and pray in prayer and worship. And because true love is always fruitful and creative and expansive, if our love of God is true love, it finds expression in our love for one another - in concrete acts of mutual kindness and concern and goodwill, in acts of self-offering both large and small. It is not for nothing that even the most secular expression of the Christmas season involves the exchange of gifts.

The Birth of Christ is, in the words of the Apostle John, the manifestation of the love of God among us, so that we might live: *Beloved, let us love one another; for love is of God, and he who loves is born of God and knows God. He who does not love does not know God; for God is love. In this, the love of God was made manifest among us, that God sent His only Son into the world so that we might live through Him. In this is love, not that we loved God but that He loved us and sent His Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another (1 John 4: 7 -11).* Are we entering the Fast eager for God's grace? For His mercy, healing, love, reconciliation? Eager to encounter the Saviour? It is so easy to be distracted with everything going around us this year, let alone the customary hustle and bustle of the season.

May following the Fast and the celebration of the Feast renew us in His love!

- Fr. Andrew

Calling all St. Mary's 'Angels' - The Angel Tree is Back!

It's that time of year again when we pay special attention to those in need. St. Mary's has had an 11 year relationship with **Angel Tree**, a national Prison Fellowship organization, that provides Christmas gifts to local children whose parents are imprisoned. Imagine how lonely, forgotten, or hurt a child might feel this time of year as they face this holiday knowing their parent will not be with them to share in the joy that comes with the season. YOU have an opportunity to help bring that joy to these children.

Here's how it will work this year because of the pandemic:

- Prison Fellowship will send gift packages directly and safely to the A.T. children. Each package will include a \$20 gift card, the prisoner-parent message, a Gospel message, and an opportunity to request to receive a free Bible.
- Our job is to sponsor each of our 40 "angels" with \$22 for the gift card and \$2 for shipping, handling, and overhead.
- You can make your check out to Karen Schwebach for \$22 with "Angel Tree" in the memo line, or watch the weekly messenger for more details as to how to send the funds.



St. Mary's has always been generous in their gift-giving to the children of prisoners. Let's remember them this year too, even though we will not be able to bring them their gifts personally as we have in years past. Thank you so much! **Questions? Please contact Karen Schwebach (coordinator) at schh99@msn.com .**

Men's Club Annual Turkey Raffle

Dear Parishioners and Participants of the Men's Club Annual Turkey Raffle,

The annual Men's Club Turkey Festival will not be held this year for obvious reasons - those that prevent us from assembling a large number of people, indoors, and in close proximity. In the absence of this year's turkey raffle, the St. Mary's Men's Club wanted to share with you its progress on the modernization of the Parish Center Dining Room. Proceeds from the festival and the annual golf tournament over the last several years are being invested in this fun and important improvement/modernization project. As you can see in the photos on this link (<http://bit.ly/MensClubParishCenterProject>), the north wall of the room is nearly complete. Work will continue during the winter months on the walls, the columns, and the beams of the room. Our goal is to take your breath away when we are able to once again gather as a parish community in the dining room!!

Thank you for all of your previous contributions - and those that you may make in the future - to the St. Mary's Men's Club.

- Bernard Gulachek
President, St. Mary's Men's Club



St. Mary's "O" Club Fundraiser
GRAB & GO
SPAGHETTI DINNER
 Sunday November 8, 2020

Neither rain, nor sleet, nor a pandemic can stop our traditional Spaghetti Dinner. The dinner includes: spaghetti, meatball, salad, bread, and dessert.

Same good taste! Just order online and pay with credit/debit card.

*If you are unable to attend but want to donate, there is a donate option on the online order form.

Visit <https://stmarysclub.square.site/s/order> to place your order.

FOOD PICK-UP INFO

St. Mary's Cathedral Parish Center
 1701 5th Street NE Minneapolis

Drive up to the *back parking lot of the parish center*
between 10:00 a.m. and 1:00 p.m.!

Pre-sales only-no sales on November 8

COST:	Adults: \$12
	Youth 6-12 \$7
	5 and under \$1

Additional Meatball \$3.00 each
 1 qt sauce with 3 meatballs \$20

Orders close at 6:00 p.m. CST on
Wednesday, November 4, 2020.

All proceeds to benefit the "O" Club sponsored
St. Tikhon's seminarian and his family, and the
10th Anniversary of FOCUS Minnesota.

Please contact Alice Woog with any questions
 or if you need to pay by check (612) 237-6706.



Choir Notes

by Zachariah Mandell

New Music Opportunities (on Zoom)!

Starting on November 3rd, from 7:30pm-8:30pm, I will begin holding weekly Tuesday Zoom sessions for the sake of vocal betterment. In order to accommodate various needs, both perceived and discussed, but also so that nobody feels "over-Zoomed", these sessions will alternate each week between a focus on vocal production and singing and a focus on reading in church. The vocal sessions will be geared toward the fundamentals of singing (breathing, warm-ups, exercises, etc.), and various (necessarily) creative methods of singing pieces of music. Vocal sessions will be open to anyone and are non-contiguous with other rehearsal efforts. The link will be provided for the standing session, and in the alternating schedule, vocal sessions will be held every other Tuesday, starting November 3rd (then 17th, December 1st, 15th, etc.).

The readers' sessions, though anyone can certainly join in, observe, and participate in group work, will be a bit more of a "class," as I would like to make sure I can engage with the participants on a more personal level and according to their needs. A sign-up should have already made its way around (and if it hasn't, shame on me), and an accompanying survey. This is open to people of all levels of church reading experience, whether you've been doing it for 40 years and would like to hone in your skill or whether you've never done it before. One-on-one and small group work will (I hope) be baked into these classes (with the "Zoom" caveat to be noted below). There will be aspects of performance in front of both me individually and in front of peers, in all due preparation for actually reading in Church, which is of course the goal of this endeavor. We will work both on the musical aspects of reading (finding and matching pitch, holding a steady pitch, how to inflect and enunciate, how to properly end a reading, etc) and on the fundamental liturgical aspects of reading (the types of things that are read, liturgical flow, etc.). The first session will be Tuesday, November 10th, and it will continue every two weeks opposite the vocal sessions (November 24th, December 8th, etc.).

I note that one of the challenges of virtual singing is that Zoom cannot handle multiple audio inputs at the same time, so traditional choral singing does not work: there's lag, the sounds start cutting out, etc. Most vocal work done over Zoom requires individuals' mics to be muted most of

the time, but there are ways in which we can maximize this tool, including break-out rooms, audio sharing, having two people unmuted and having them sing a song of call and response, and more.

These efforts, like most of what we're doing right now, are experiments, and I hope that you will join me. There will likely be some growing pains as we work through technical difficulties. The goal of both of these sets of sessions is to keep us engaged and "in-shape," both for the present and for the future when things open up again. If there are any questions, as always do not hesitate to reach out at choirdirector@stmarysoca.org. Look for the survey if you haven't yet seen it. I'm looking forward to this!

Thanksgiving...generally!

Once again, I want to thank everybody for their patience, flexibility, and understanding through the last few months. Some exciting things are happening with the rehearsals, this new Zoom effort. I look forward to the next steps, and pray that we can continue to persevere and adapt to the current circumstances with grace. Thank you!

November Birthdays!

A very happy birthday to all those whose birthdays are in November. May God grant you many blessed years! Mnogaya Lyeta! Mnohaya Lita! (I'm playing all my cards, just to be safe :D)

November Birthdays

2, David Nelson	21, Michael Hofstadter
4, Julie Memorich	23, Dan Czapko
10, Anna Bjornnes	30, Kathy Jurichko
17, Lorinda Chagnon	

November Schedule

Due to the current restrictions, all scheduled November services have limited attendance. Singers will be scheduled.

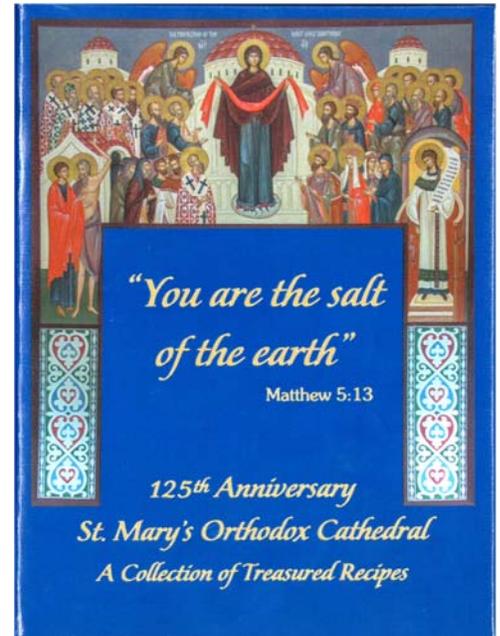
Christmas is Coming!

St. Mary's has our beautiful and photo memorable 125th Anniversary Cookbook on sale at a reduced rate of \$10 including the CD of recipes! They make wonderful gifts for family, friends, teachers & neighbors!

Contact Miriam at the church office by phone (612-781-7667) or email (office@stmarysoca.org) to order at this price. You may want to buy several before they sell out!

Please note: we unfortunately had a few mistakes out of our 450 recipes and have updated the LAST book sales. Please check any cookbooks you may have previously purchased, to see if these changes need to be made:

- Page 74: Cheese Bread needs 6 cups flour
- Page 192: Pizzelles need 6 cups flour
- Page 194: Spritz cookies need ½ cup sugar
- Page 210: Banana Cupcakes need 1 cup sugar
- Page 214: Crazy Cake needs 2 teaspoons baking soda- NOT 1 teaspoon baking soda



Suggestion from the Treasurer

Shopping for your holiday gifts from home using AmazonSmile? If not, please consider it! Shopping on AmazonSmile looks just like Amazon.com but a percentage of purchases are donated to the charitable organization of your choice.

See AmazonSmile's impact to date:

\$784.60 to St Mary Russian Orthodox Greek Catholic Cathedral
 \$198,636,544.70 to all charities in the US
 \$215,721,458.97 to all charities worldwide

Thank you for supporting St. Mary's and continuing to generate donations by shopping at smile.amazon.com or with AmazonSmile ON in the app. To get started simply go to smile.amazon.com (instead of amazon.com); under select a charity; select: **St. Mary Russian Orthodox Greek Catholic Cathedral**, Location: **Minneapolis, MN**; (they still have us under our old name) and proceed with your shopping. Please spread the word to your friends and family!

It is not big bucks but if you are going to shop on Amazon, how nice it can benefit St. Mary's at the same time!

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 You shop. Amazon gives.

THANK YOU TO ALL WHO HAVE CONTINUED TO SUPPORT OUR CHURCH DURING THE PANDEMIC!

Many Years!

A very Happy Birthday to all who celebrate their birthdays in November!

May God grant you many years!

New Member Applicants

In accordance with the Bylaws, Article IV, Section 3: Notice of the new member application shall be published in the next monthly *Bulletin*.

The following individuals have submitted an application for membership to St. Mary's: *James Beisler*. If you have any comment pertaining to any applicant, please submit it to any Board member during this 45-day period, which began with the publication of this *Bulletin*.

Transitions

Baptisms:

Charlotte Marie Goldsmith - 10/10/2020

Jack Michael Morse - 10/17/2020

Chrismations:

William Aaron Bjornnes - 10/8/2020



Article deadline for the
December 2020
Cathedral Monthly Bulletin
is **Monday, November 16.**

Cathedral Information

- *The Visitation Ministry* is continually updating its list of parishioners who are homebound or in nursing homes and would like to be on our Visitation List. If you or a loved one is a member of St. Mary's and physically unable to attend church and church activities and would enjoy a visit or telephone call from a member of our Visitation Committee, please notify the Church Office (612-781-7667).
- *Moving?* Please contact the Church Office with your new address and phone number (office@stmarysoca.org or 612-781-7667).
- *Church Envelopes* Please contact the Church Office if you want to: (a) receive envelopes weekly or monthly; (b) stop envelopes; (c) combine envelopes (e.g., to receive only one set per household); (d) correct information on the envelope (including the title, e.g., from Mrs. to Mr. & Mrs.).

Cathedral Service Cancellation Policy

- No one should travel to church for services if the road conditions are dangerous.
- No services will be cancelled. Most services will be live streamed (links available on the our website).
- Those who cannot get to services should instead stay home, watch the live stream of the service if possible, and be happy in the knowledge that a priest and a chanter are singing the services and praying for them.
- Cancellation of services and activities will be posted on our website: www.stmarysoca.org.

Special Contributions

GENERAL FUND

In memory of Walter Parlow

From: Ellen Duncan

In honor of our granddaughter Charlotte Goldsmith's baptism

From: Lynn & Will Bjornnes

FR. DZUBAY SCHOLARSHIP FUND

In honor of Mary Ann Brinda's 95th Birthday

From: Thomas Brinda, Family & Friends, & Mary Ann Brinda

CATHEDRAL REPAIRS

In memory of Daniel & Helen Korba

From: Friends & Family

In memory of Helen Korba

From: Michael & JoAnne Korluka

In memory of Walter Parlow

From: Michael Voytovich

In honor of Mary Ann Tich's 90th Birthday

From: Michael & JoAnne Korluka

In honor of Mary Ann Tich's 90th Birthday

From: Dorothy Zurbey

KITCHEN PROJECT

In memory of Helen Stroinski

From: Joanne Ziek

ENDOWMENT FUND

In memory of Helen Stroinski

From: Friends & Family

CEMETERY OPERATING FUND

In memory of Anne Lundberg

From: Shirley Kohlan

IOCC Minneapolis Virtual Event

Thursday, November 12, 2020 | 7:00 pm

Join us for the Twin Cities' first ever virtual event! You will see friendly faces from the Twin Cities, get special IOCC updates, and more.

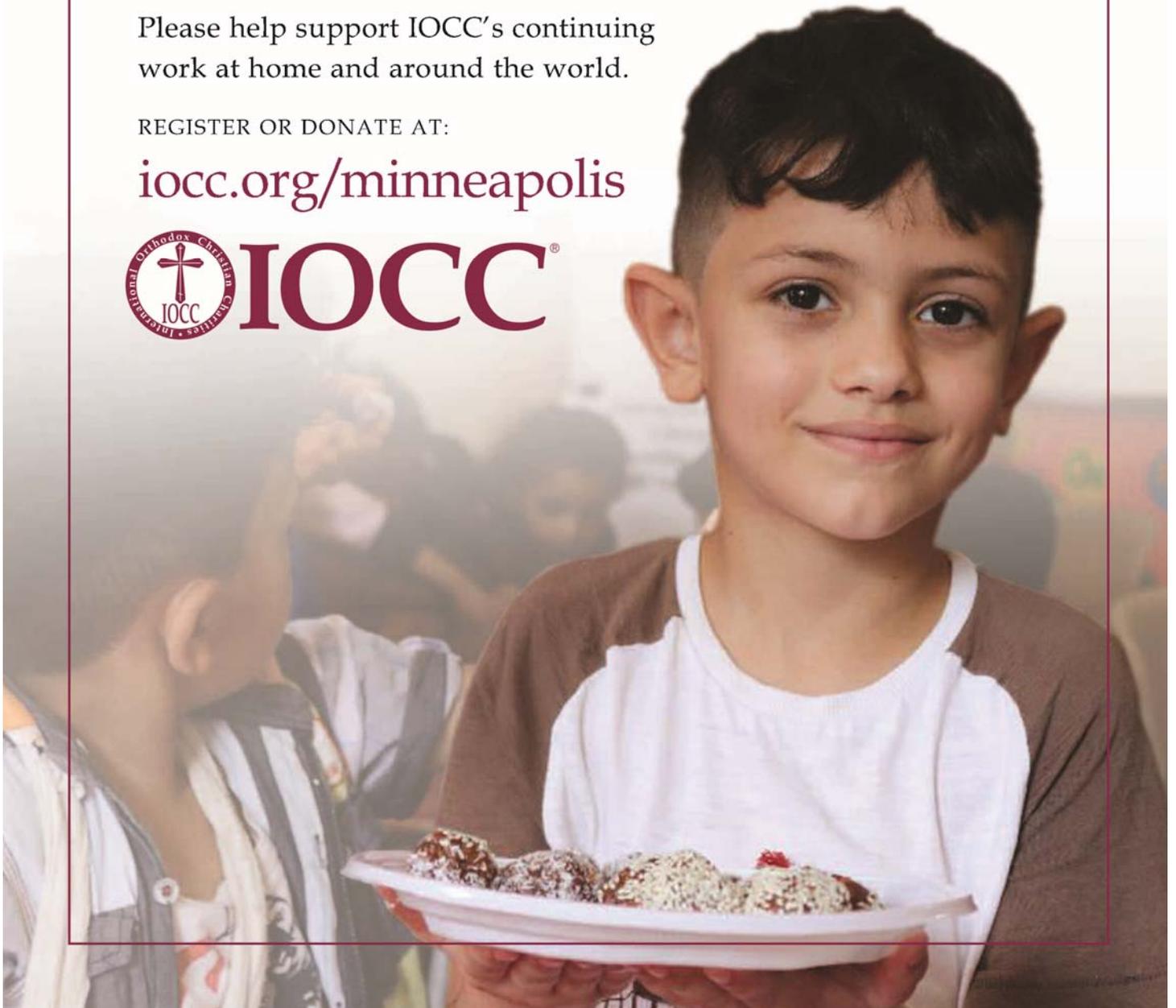
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REGISTER OR DONATE AT:

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St. Mary's Orthodox Cathedral

November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Unmercenary Healers Cosmas & Damian 8:00 am Divine Liturgy (Cemetery Chapel) 9:00 am Divine Liturgy (Cathedral) 5:00 pm Vespers	2 St. Gabriel of Miskheta Confessor & Fool for Christ 8:00 am Divine Liturgy	3	4 6:15 pm Vespers	5 Martyrs Galacteon & Epistemis 9:00 am Divine Liturgy 6:30 pm Women's Club Meeting	6	7 5:00 pm Vigil
8 Synaxis of the Archangel Michael 8:00 am Divine Liturgy (Cemetery Chapel) 9:00 am Divine Liturgy (Cathedral) 10:00 am Church School (Gym - Pod 1) 10 am-1pm 'O' Club Spaghetti Fundraiser To-Go Dinner	9 7:00 pm Board Meeting	10	11 6:15 pm Vespers	12 St. John the Merciful 9:00 am Divine Liturgy	13 7:00 pm 'O' Club Meeting	14 5:00 pm Vigil
15 Martyrs & Confessors Gurias, Samonas & Habib Parastas Sunday 8:00 am Divine Liturgy (Cemetery Chapel) 9:00 am Divine Liturgy (Cathedral) 10:00 am Church School (Gym - Pod 2)	16	17	18 6:15 pm Vespers	19 St. Philaret of Moscow 9:00 am Divine Liturgy	20 6:00 pm Festal Vespers	21 Entry of the Most Holy Theotokos into the Temple 7:45 am Festal Matins 9:00 am Festal Liturgy 5:00 pm Vigil
22 Afterfeast of the Entry 8:00 am Divine Liturgy (Cemetery Chapel) 9:00 am Divine Liturgy (Cathedral) 10:00 am Church School (Gym - Pod 1)	23	24	25 7:00 pm Akathist	26 Thanksgiving 9:00 am Divine Liturgy	27	28 5:00 pm Vigil
29 Venerable Acacius of Sinai 8:00 am Divine Liturgy (Cemetery Chapel) 9:00 am Divine Liturgy (Cathedral) No Church School 6:15 pm Great Vespers	30 Apostle Andrew 9:00 am Divine Liturgy					

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